

May 2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Crescent Town Seniors Centre	2 Crescent Town Seniors Centre	3 Crescent Town Seniors Centre	4 Crescent Town Seniors Centre
	AquaFit 10:15-11:15am Regent Park Office Coffee N Chat -1:00-3:00 pm	Computer Class 1:00-2:00 pm Bengali Singing Club 2:00-3:00pm Tea N Chat 2:00-4:00pm	AquaFit 10:15-11:15am Gentle Fitness 11:00-12:00 pm <b>Potluck Lunch 12:30-2:00pm</b>	Seniors Support Service 9:00-4:30pm
7	8	9	10	11
Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre
Gentle Fitness 11:00-12:00 pm	AquaFit 10:15-11:15am Regent Park Office Coffee N Chat -1:00-3:00 pm	Computer Class 1:00-2:00 pm Bengali Singing Club 2:00-3:00pm Tea N Chat 2:00-4:00pm <b>Program Committee meeting 2:00-3:00pm</b>	AquaFit 10:15-11:15am Gentle Fitness 11:00-12:00 pm Coffee N Chat 1:00-3:00 pm Knitting & Craft 1:00-3:00 pm Computer Class 2:00-3:00 pm Jewellery Making 1:00 - 3:00pm <b>Harmony Hall ( 2 Gower St.)</b> Bengali Monthly Lunch 1:00- 3:00 pm	Seniors Support Service 9:00-4:30pm
14	15	16	17	18
Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre
Gentle Fitness 11:00-12 pm	AquaFit 10:15-11:15am Regent Park Office <b>Potluck Lunch 1:00-3:00</b>	Computer Class 1:00-2:00 pm Bengali Singing Club 2:00-3:00pm Tea N Chat 2:00-4:00pm <b>Seniors Council meeting 1:00-2:00pm</b>	AquaFit 10:15-11:15am Gentle Fitness 11:00-12:00 pm Coffee N Chat 1:00-3:00 pm Knitting & Craft 1:00-3:00 pm Computer Class 2:00-3:00 pm Jewellery Making 1:00 - 3:00pm	Seniors Support Service 9:00-4:30pm
21	22	23	24	25
Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre
Gentle Fitness 11:00-12 pm	AquaFit 10:15-11:15am Regent Park Office Coffee N Chat -1:00-3:00 pm	Computer Class 1:00-2:00 pm Bengali Singing Club 2:00-3:00pm Tea N Chat 2:00-4:00pm	AquaFit 10:15-11:15am Gentle Fitness 11:00-12:00 pm Coffee N Chat 1:00-3:00 pm Knitting & Craft 1:00-3:00 pm Computer Class 2:00-3:00 pm Jewellery Making 1:00 - 3:00pm	Seniors Support Service 9:00-4:30pm
28	29	30	31	
Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	Crescent Town Seniors Centre	
<b>Office Closed</b>	AquaFit 10:15-11:15am Regent Park Office Coffee N Chat -1:00-3:00 pm <b>Friendly Walk 10:30 - 11:30 am</b>	Computer Class 1:00-2:00 pm Tea N Chat 2:00-4:00pm Bengali Singing Club 2:00-3:00pm	AquaFit 10:15-11:15am Gentle Fitness 11:00-12:00 pm Coffee N Chat 1:00-3:00 pm Jewellery Making 1:00 - 3:00pm Knitting & Craft -1:00-3:00 pm Computer Class 2:00-3:00 pm	

\* Partnership with Crescent Town Community Centre, Regent Park Women and Families, TCHC and Bangladeshi Canadian Community Services



